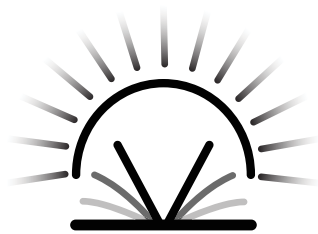


STREETRAT HANDBOOK



@LILADULTMAN



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"Life comes at you fast, dont forget to have fun."
Ashton Kutcher, 2004



SPRING BREAK

HANDBOOK

THE WAY OF THE STREERAT

Let go of who you think you are



The Streerat Handbook exists to enlighten, connect, and awaken those that long for fun/happiness, but may not own the resources society deems necessary or don't want to deplete these precious resources (\$). Although they are not essential, they can be used strategically at times to achieve this ultimate goal.

The way of the Streerat transcends race, class, appearance, nationality, gender, and age. One's ability to adopt this lifestyle is solely dependent on their dedication to evolve to the Streerat state of being. Every desire in one's life starts as a thought that demands attention. The quality/quantity of fun/happiness in one's life is a result of where one decides to direct their attention.

At this point in the handbook I ask the reader to relieve yourself of your ego, your pride and any preconceived beliefs of how you may achieve adventure/fun/happiness. Clean your memory of what you consider healthy, productive, obscene, dangerous, effective, efficient, or logical. If one can truly adopt this mental state of being and embrace the spirit of the Streerat, the potential for fun and happiness becomes infinite.

Welcome to the Streerat Handbook, the choice is yours.



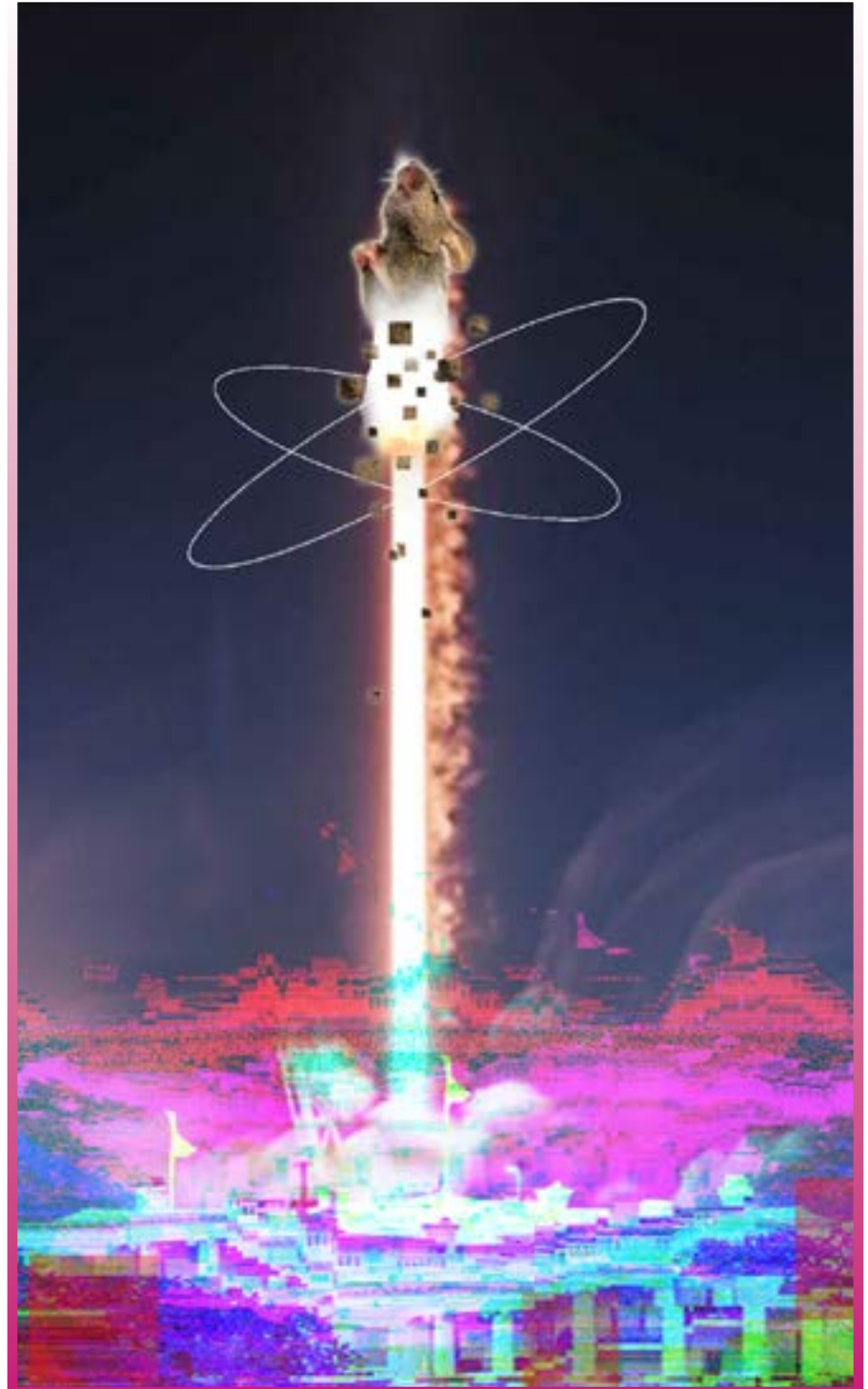
T R A V E L

A rat sees the distance from A to B as a step in time not space



A rat lives to travel and explore. This is where one finds fun and happiness. The path a rat takes is as important as the decided destination. Not all destinations are attainable. It is important to think practically when planning trips. Traveling across the world, or occasionally farther than the eye can see, is an impossible task. Think fluidly when traveling but remain determined.

- The road less traveled is a road that is misunderstood and should be avoided.
- If you don't care where you're going, you'll get to where you want to be.
- They who wander are lost.
- Walking is a rat's primary form of transportation.
- Long journeys require diverse resources and a resilient rat.
- If an airline limits the weight of carry on baggage, ditch the heavier objects in one's bag to avoid additional expense.
- If you can't evade public transportation fare, walk.
 - Begging is an effective way to ride public transportation while avoiding fares.
- Don't hesitate to bring food/groceries on flights.
- To know the road ahead, ask those returning.
- Live your journeys by a clock not a compass.



F O O D

What you don't see, you don't desire.



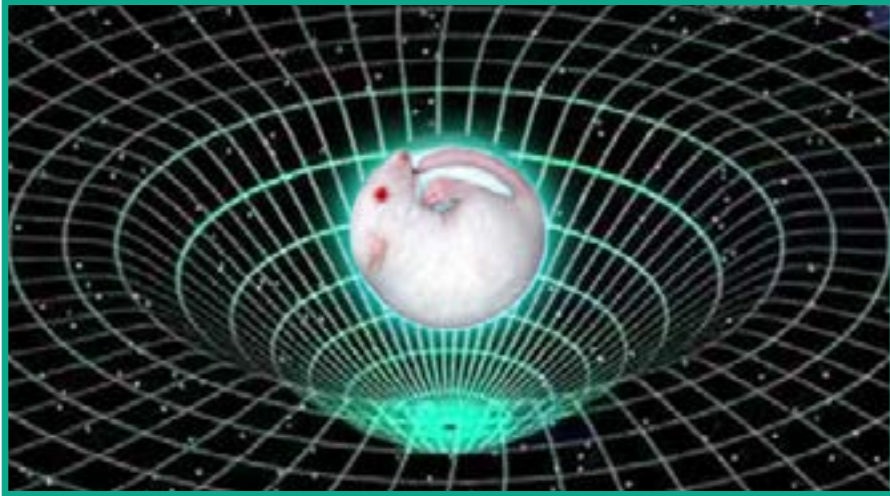
Food is fuel. Food is necessary to sustain; it provides the energy a rat needs to maximize fun. Experiencing a different cultures' food or food society generally labels as "delicious," is for glutinous over-indulging people. If you are hungry and your current situation allows it, sleep. Sleep negates the desire for food and potential stomach pains that accompany hunger.

- Condiments and cooking spices know no ownership.
- Adopt the mentality of a decisive bear in the fall.
- Never assume anything isn't food.
- No cooking oil? Utilize certain greasy meats.
 - E.g. sausage, spam, bacon.
- Free samples are a rats greatest companion.
- Feast on leftover food that has been foolishly left for the trash.
 - A used napkin resting atop a meal is sign of abandonment.
 - Be weary of inedible objects in the left dish (e.g. olive/fruit pits that have been spit out).
- Certain foods are rich in nutrients certain foods are unhealthy.
- When baking, follow directions. When cooking, follow your taste.
- No rat is lonely eating spaghetti, as it requires attention.
- Eat as much food as possible.



S A F E T Y

They who are content are vulnerable



To remain [safe] is to refrain from external contact. Only interact with the outside world when one must. There is nothing positive anywhere. A rat must constantly and consistently be weary of impending danger. The world and its inhabitants are plotting on your downfall, prioritize your instincts and 5 senses to survive.

- See everyone as an enemy.
- A friend to everybody is a friend to nobody.
- If one has the intention of helping you, they are untrustworthy.
- Fear not only what one can see, but what one can't see.
- Brandish lethal weapons when under stress.
 - E.g. swords, knives, guns.
- Face danger in the manner a fierce tiger faces thunder.
- Elbows are harder than fists.
- What one doesn't understand should be feared.
- Every second is a moment, every moment is an ambush.
- Keep injuries unexposed.
- Stay alert, don't get hurt.
- When facing impending danger, always remember to hide, run, or play dead.
- When you drink fire remember the spring.



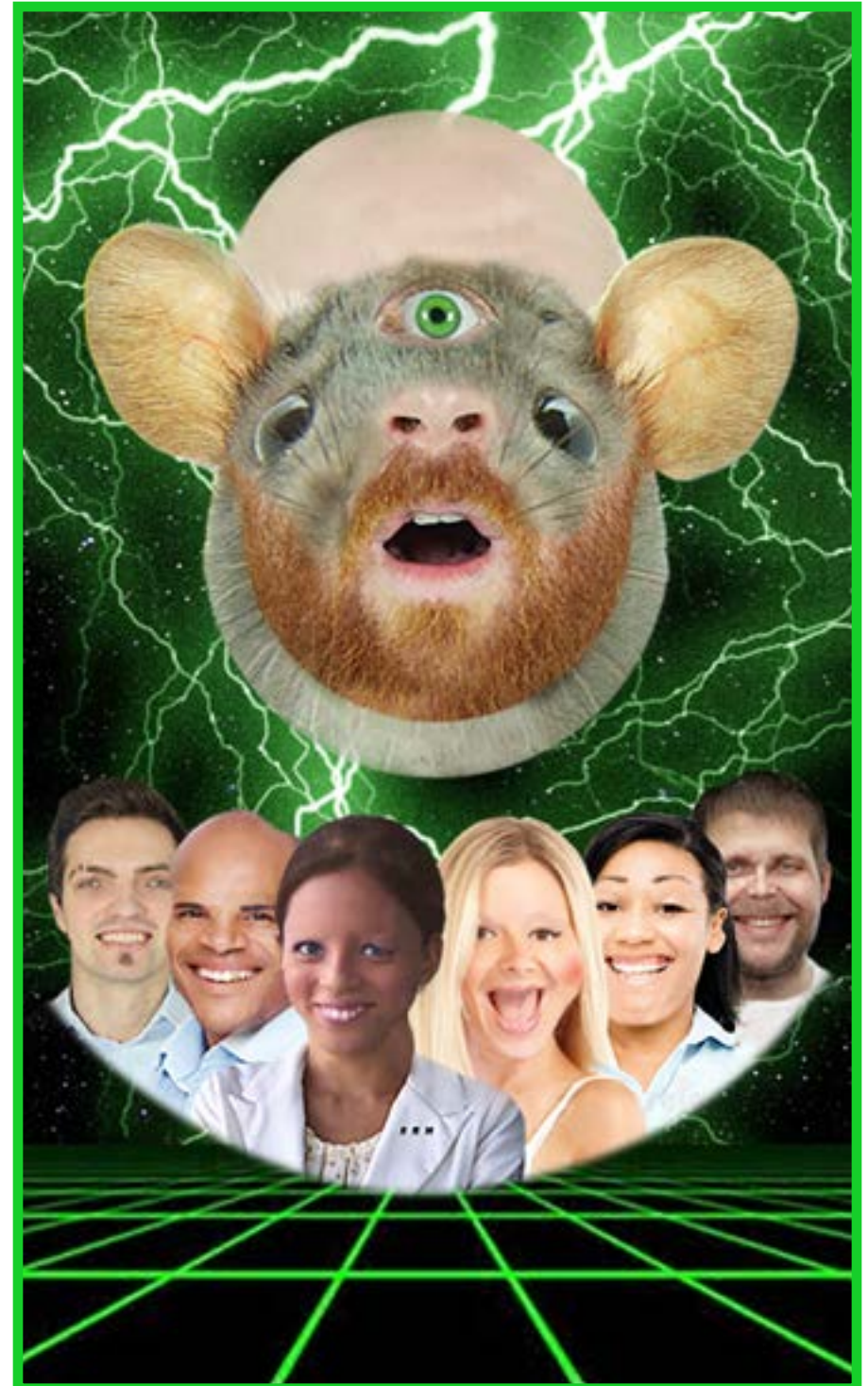
ENTERTAINMENT

Fun is the key to happiness



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H Y G I E N E

Cleanliness is next to holiness, holiness is emptiness



Retaining a level of cleanliness can deter smells which will help one blend in. A rat that fails to clean itself at least twice a month can become an outcast making it increasingly more difficult to take advantage of fruitful opportunities within society.

- Soap is soap. Hand soap is ubiquitous and versatile.
- After one defecates, submerge available toilet paper into the toilet water to thoroughly clean oneself.
- Hang dirty clothes in open areas to air wash them.
- Remove nasal mucus to enhance one's sense of smell.
 - The ability to smell an opportunity is vital to a rat's success.
- Don't underestimate the amount of objects/matter that can be used to exfoliate one's skin.
- Grow finger nails 1/4 inch from finger tip to efficiently dig/grip.
 - Extended finger nails can also act as miniature storage crevasses for resourceful loose, grainy, sticky matter.
 - E.g. sand, cooking spices, clay.
- Calluses should be sustained as they allow a rat to touch objects/matter that would ordinarily injure one's skin.
- A public restroom is a public bathroom.
- Touch black paint, have black fingers.

